

XYZ Calculators

BMI

Generated on March 24, 2026 at 05:19 PM

Share URL: <https://xyzcalculators.com/calculators/bmi/f3bv6m3eqj>

[Visit xyzcalculators.com](https://xyzcalculators.com)

Currency: ₹ (India)

Summary

| Parameter | Value |
|--------------------|------------|
| BMI | 25.51 |
| Category | Overweight |
| Healthy Weight Min | 52.21 kg |
| Healthy Weight Max | 70.28 kg |

Detailed Schedule

All monetary values in ₹ (India)

| Range | Bmi Range | Interpretation |
|-------------|--------------|-------------------------------|
| Underweight | Below 18.5 | Weight gain may be beneficial |
| Normal | 18.5 – 24.9 | Healthy weight range |
| Overweight | 25 – 29.9 | Lifestyle changes may help |
| Obesity | 30 and above | Seek a professional plan |

This report is generated by xyz calculators. Results are approximate and for informational purposes only.

<https://xyzcalculators.com/>